Prince Albert Friend

'n Gemeenskapskoerant wat Prince Albert, Klaarstroom, Leeu-Gamka en Merweville bedien

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UITGAWE/ISSUE 162

Junie/June 2010

Great success for PA Sterilisation Project



George Katzen and his dog Pienkie who was spayed during the IFAW Sterilisation Project in June.
Picture copyright IFAW/Trevor Samson

-Christina Pretorius-

ast month, as Prince Albert shivered following the Swartberg's heaviest snowfall in 50 years, things warmed up nicely in a vacant house across the road from the OK Grocers where a team of visiting veterinarians worked to sterilise pets. The house at 123 Church Street was set up as a temporary clinic with separate surgeries and wake up rooms for dogs and cats.

The sterilisation project between 15 and 19 June was sponsored by the International Fund for Animal Welfare (IFAW) (www.ifaw.org), which assembled a veterinary team from its projects in Johannesburg and Cape Town. Prince Albert's Dr Brett Bard and Dr Garth Ryder from De Rust ably supported them.

Two weeks earlier IFAW's Cape Town team worked with Cobus Ferreira of the local Department of Agriculture to vaccinate, de-worm and apply anti-parasitic medicine to North End pets to prepare them for surgery.

Days before the team arrived the town buzzed with the news of the Prince Albert sterilisation project. IFAW's bakkies with their colourful paw print decorations collected pets for surgery from North End from early morning and throughout the day, with the first returns happening late morning and into the early evening. Apart from a break to grab a lunchtime bite, the team threw themselves into the task of getting as many dogs and cats sterilised as possible. By the time they were finished, the team had sterilised an incredible 428 dogs and cats.

Christina Pretorius, programme manager of IFAW in southern Africa, told *The Friend*: "We were looking for a project that would immediately uplift the health of a dog and cat population. The isolated nature of Prince Albert meant we could make a distinct and long-term difference to the health of the North End dog and cat population. In addition we needed to be sure that the community would welcome the service. Prince Albert hit the mark on both points – we were originally approached to help by Henriëtte Liebenberg and by Brett Bard, and we jumped at the opportunity."

Inside

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She added: "Brett was indefatigable in setting everything up and before we knew it, the project had turned into a true community initiative with many Prince Alberters generously helping the less fortunate residents of the village. We're very excited by this accomplishment and are certain the lives of the North End pets will be considerably enriched as a result, while their owners will also benefit from having healthier pets and no unwanted litters."

Pretorius paid tribute to the generosity of the people of Prince Albert, who hosted, accommodated and fed their team, or volunteered their services at the clinic: "A hearty thank you to every one who made the Prince Albert Sterilisation Project such a resounding success — we loved being in your town, and we loved being able to make a difference for the community."

She thanked De Bergkant Lodge, Liz Erasmus, the Swartberg Hotel, Marlize and I.D. Vorster, Linda and André Jaquet, Imke and Rudy Maeyer for providing accommodation.

The Country Store, African Relish, Lazy Lizard, Gallery Café, the Thursday Group, Johanna Luttig, Anne Kerr, Hennie Boshoff and Rossetta Woolf, Suzelle Koorts and Bokkie Botha, Lorna Verran and Barbara Gorniak provided teas and refreshments. The surgery premises were kindly provided by Fred Badenhorst. Finally, Ms Pretorius gave special thanks to all residents who provided much needed heaters at short notice.

Saamwerk - 'n uiters belangrike mikpunt

In 'n onlangse rubriek in *Die Burger* 'Saamwerk is SA se grootste sokkerles' skryf Ryk van Niekerk:

"Dit lyk of die Wêreldbekersokkertoernooi uiters suksesvol is ondanks die feit dat Bafana Bafana vir die res van die toernooi toeskouers sal wees.

Mediaberigte van oor die wêreld prys die organisering en gees wat tans in Suid-Afrika heers en ek is seker dat dié positiewe taksering van die toernooi nog lank vir Suid-Afrika voordele gaan inhou.

Dit lyk of daar onder gewone Suid-Afrikaners 'n amperse euforie is oor hoe goed dit met die Wêreldbekertoernooi gaan. Dié gevoel het reeds kort voor die toernooi begin toe dit duidelik was dat die verskeie nuwe hoofweë in Gauteng en Kaapstad, asook die groot stadions en ander infrastruktuurprojekte, betyds voltooi

Talle Suid-Afrikaners is ook grootliks verras deur die oorwegend gladde manier waarop die openbare vervoer na stadions werk – vir baie middelklas-inwoners is dit die eerste keer dat hulle openbare vervoer in Suid-Afrika gebruik.

Die rede vir dié verrassing is dat die regering op enkele uitsonderings na aan die diensleweringsverwagtings voldoen het.

Buiten mnr. Pravin Gordhan se papierbegroting, is daar nie werklik enige ander staatsdepartement, -projek of -inisiatief wat die publiek beïndruk soos die Wêreldbeker tans doen nie.

Inteendeel, daar is 'n groot siniese gevoel aan die opbou oor 'n wye politieke spektrum oor alles wat die regering aanpak: amper 'n mentaliteit van mik laag en voorkom teleurstelling.

(Vervolg op p 33)

Editor: Linda Jaquet Finansies: Cornie Koen Bladuitleg & advertensie ontwerp: Kerneels Mulder

We aim to deliver a *Prince Albert Friend* to the community at the end of each month. To make this possible, we need to receive contributions & advertisements by 12 July 2010.

Handig kopie in, verkieslik in MS Word 2000 formaat, getik of in drukskrif geskryf by die toerismekantoor of e-posaan:

princealbertfriend@gmail.com

Subscription / Intekening 11 issues p.a. @ R150,00 - including postage & packaging.

Apart from Nov/Dec, this is a monthly publication. U kan by die **toerisme-kantoor** langs die Fransie Pienaar Museum inteken.

Website: www.patourism.co.za princealbertfriend.blogspot.com

'n Christelike Perspektief - Tel op jou Kop!

- Jeanette de Lange -

Jhn: 16:33^b ...maar hou goeie moed, Ek het die wêreld oorwin

- Om te bly staan, waarin en waaraan jy glo, ten spyte van groepsdruk – dit verg MOED.
- 2. Om 'n glimlag te deel met iemand wat swaarkry, iemand wat lyding ondervind (al is jy self stukkend) dit verg INNERLIKE STERKTE.
- Om nie verhinder te word, gekeer te word, in die diepe oortuiging van jou hart – dit verg DEURSETTINGS-VERMOË.

- 4. Om meer as jou deel te doen in 'n poging om vir iemand anders die lewe 'n bietjie makliker te probeer maak dit verg ware EMPATIE.
- 5. Om 'n vriend in nood te help, ten spyte van jou eie druk program, na die beste van jou vermoë dit verg LOJALITEIT.
- 6. Om elke struikelblok vierkantig raak te sien en te erken, om onverbete te glo in die toekoms, om aan te hou ten spyte van omstandighede, dit verg 'n VASTE VERTROUE in Christus Jesus want "Ek het die wêreld oorwin"

Closing date for contributions and adverts for the next issue is 12 JULY 2010

No late submissions will be accepted!

Inserts charged at R500 per insert

Advertensiegelde Advert costs

Full page **R330**; Half page **R176**; Quarter page (12cm x 9.45cm) **R93,50**; **R4,95** for every cm per column. **R2.75** per line for small ads.

Advertensies moet by die Toerismekantoor ingehandig word. Advertisements must be handed in at the Tourism Bureau

Note: Unfortunately adverts are limited to the following widths (except in the case of a quarter page): 6.1cm (1 column), 12.8cm (2 columns) and 19cm (3 columns). They can however be any height. Proofs only by request.

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Briewe moet vergesel wees van die skrywer se naam, adres en telefoonnommer
(nie vir bekendstelling nie.) The *Prince Albert Friend* reserves the right to edit and shorten letters.

Letters must provide the writer's name, address and telephone number (not for publication).

Opgradering van drinkplekke by pyplyn

nlangse artikels (April en Mei 2010) oor die nuwe water-pyplyn verwys.

Daar is aanvanklik net vir vyf drinkplekke vir diere voorsiening gemaak langs die water-pyplyn. Dit is met 'n "ballvalve" afgetap na 'n klein sement-dammetjie. Aangesien die pyplyn nie heeltyd onder druk is nie, soos die watervlakke daal, het die dammetjies leeggeraak.

Die Kweekvallei Water Verbruikersvereniging het besluit dat die dammetjies te min is, en nog vier word tans gebou. Al die dammetjies word nou groter gemaak en sal voortaan met 'n ander meganisme volgehou word. Dit sal die probleem oplos sodat daar genoeg drinkplekke vir diere is.

I.D. Vorster Voorsitter, Kweekvallei Waterverbruikersvereniging

Dankie vir ondersteuning en simpatie

ankie vir die ondersteuning en sms'e na ma Marie Botes se dood.

Ciska Tait

Animal Welfare vs Animal Rights

The front-page story (May 2010) relating to how justice has been served for Fred's previous owner is indeed a triumph for animal welfare. Although this is a step closer towards the concept of animal rights, there is a long way to go.

The distinction is important because *Animal Rights* is a relatively new concept that is rapidly gaining popularity all over the world as the scale of animal abuse escalates alarmingly.

Animal welfare has prevailed for more than 200 years and maintains that animals are at least partial members of a moral community. Animals are sentient, so the animal's interests, and particularly interests in not suffering must be given appropriate consideration. They are able to suffer therefore we have moral and legal obligations to treat them humanely.

With animal rights, the principle problem is not how we use animals but that we use animals for human purposes at all. We have no moral justification for using non-humans, however humanely we treat them. If we recognized our obligation not to treat them as things then we would stop producing and facilitating the production of domestic animals altogether. For more information you can visit www.abolitionistapproach.com

In Prince Albert there are many animals that are continuing to be treated much worse than Fred was, mainly because of extreme poverty and ignorance. It is up to everyone who has a conscience to guide others in their immediate sphere of influence to adopt a more caring attitude towards animals (and people).

Dr B. Bard BVSC MRCVS

Die Jarrards Groet

ns verhuis eersdaags na Montagu en dis onmoontlik om al ons kennisse persoonlik te groet. Daarom wil ons graag met hierdie briefie vir almal wat oor die afgelope 12 jaar in Prince Albert oor ons pad gekom het, baie dankie sê vir jul liefde en vriendskap. Ons het baie vriende aan die dood afgestaan deur die jare maar so ook het daar nuwes bygekom.

Daar is so baie vir wie ons 'n spesiale dankie wil sê, maar ons wil graag 'n uitsondering maak en vir dr. Pete Reinders bedank vir sy hulpvaardigheid, sy bereidwilligheid om te help al is dit in die middel van die nag. U is 'n goeie mens en 'n wonderlike dokter. Ook aan Michelle vir haar vriendelikheid en behulpsaamheid.

We are blessed to have friends also in the English-speaking community. We would like to say a special thank you and goodbye to Eric and Elaine.

They were not only our agents, but our friends as well. God bless you.

And to Tony and Jenny, welcome in a place that has been our home for the last 12 years.

Till we meet again.

Hester en Tertius Jarrard

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KWUA AFFAIRS / KWVV AANGELEENTHEDE

- Kallie Erasmus, Vice-Chairperson -

n the water front all is relatively well with water levels having returned to normal after remaining above 65% of capacity throughout the recent dry spell. Die onlangse reën en sneeu neervalle behoort ook te help om die grondwatervlakke aan te vul. Consideration is also being given to whether an experimental recharge of boreholes can be undertaken while there is sufficient water.

Daar is ook intussen gesorg dat daar vier bykomende krane vir drinkplekke in die pyplyn aangebring word en daar kan net gehoop word dat die Munisipaliteit binnekort die nodige dammetjies sal daarstel. All the outlets for animal drinking places now work with ordinary taps (instead of the previously used automatic outlets that became blocked too easily) that will be used

twice a week to ensure that drinking holes remain full.

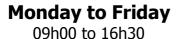
Wat die verkiesing van 'n nuwe bestuurskomitee aanbetref, word daar op die oomblik op Waterwese gewag om te laat weet of die Grondwet soos in 2006 deur lede goedgekeur en deurgegee vir goedkeuring aanvaarbaar is of nie. If the Constitution put forward by members (and inexplicably not presented to the Minister for approval) is acceptable to the Department it will be submitted for approval as an amendment of the presently defective one.

Indien dit nie aanvaarbaar is nie, is die Departement versoek om ons sonder verwyl te voorsien met identiese Afrikaanse en Engelse weergawes van 'n aanvaarbare Grondwet wat ons aan lede sal kan voorlê vir oorweging. As soon as a Constitution that acknowledges all KWUA members is approved by the Minister the

election of a new Management Committee will proceed. Die huidige Grondwet is in vele opsigte gebrekkig. Onder andere maak dit slegs voorsiening vir Kommersiële Boere om aan 'n verkiesing deel te neem en om op die Bestuurskomitee te dien en laat dit nie toe vir die koöptering van bykomende lede nie.

The KWUA is also in an ongoing discussion with Water Affairs about the proposed merger of the Gouritz Catchment Management Agency and the Breede River CMA which would see the "supervising" structure for "beurtwater" in Prince Albert and responsibility for community mobilisation located in Worcester. Die huidige KWVV Bestuur dink nie hierdie samesmelting is 'n goeie idee nie en het Waterwese versoek om met die KWVV in gesprek te tree sodat ons lede hulself hieroor kan uitlaat.

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Sterreprag oor Prince Albert

- Hans Daehne -

In die yskoue greep van die winter is die sterre op hul mooiste, want ons kyk nou in die sterrykste gebied van ons Melkweg, naamlik na die middelpunt van ons galaksie. Dit is in die omgewing van die Skerpioen en die Boogskutter waar dit wemel van ander hemelvoorwerpe as net sterre, soos oop sterrehopies, bolvormige sterrehopies, nebulae (gaswolke), dubbelsterre en selfs hele galaksies. Kyk gerus met 'n verkyker in hierdie omgewing rond om 'n paar aaahoomblikke te belewe.

Op die 21^{ste} Junie het ons al die **Wintersonstilstandpunt** passer, maar die dae word eers op die7de Julie in die oggende langer (met een minuut per dag) nadat ons verby die verste punt van die Son op die **aardwentelbaan** gespoed het teen 107,000 km/uur. (Teen hierdie spoed is daar hoop dat die winter ook gou verby sal gaan.) Vanaf die 16de Junie geskied die sonsondergange reeds later met `n minuut elke dag. Die somer kom defnitief!

Nuwe Maan is op die 11de Julie en Volmaan op die 26ste Julie .

Venus is nog steeds helder (mag.-4.0) as die "Aandster" vir die res van die maand en sal op die 23ste `n mooi prentjie vorm, naamlik `n feitlik reguit lyn met Merkurius, Regulus, Venus, Mars en Saturnus en `n hele ent verder ook nog die Maan, in hierdie volgorde. Hierdie denkbeeldige lyn in die hemel word die Ekliptika genoem, die lyn waarop alle planete om die Son wentel. Al die helder planete is op die oomblik aan die oostelike kant van die Son, en dus in die aand sigbaar. Sodra hulle om die Son beweeg om aan die weste van die Son te wees, word hulle oggendverskynsels.

Jupiter wat na die 24ste Julie in opposisie tot die Son ("VolJupiter") kom, is sigbaar in die laatnag en baie helder (mag. -2.7) in die sterrebeeld van die Visse.

Saturnus is sigbaar die hele aand en beweeg deur die sterrebeeld Virgo in

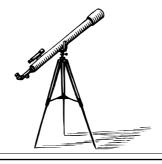
rigting Spica wat naby die Ekliptika is.

Voor die sterrebeeld Scorpius is daar twee helder sterre wat die sterrebeeld **Libra**, die Weegskaal voorstel. In die antieke tyd was dié twee sterre, α en β Librae, deel van `n groter Skerpioen en hulle arabiese name, Zuben el Chamali en Zuben el Genubi, beteken vandag nog die Noordelike en Suidelike Knypers van die Skerpioen respektiewelik, maar in **Julius Ceasar** se tyd is hulle van die Skerpioen afgesny en tot die twaalfde diereriemteken verander.

Dit is die enigste nie-lewende diereriemteken en is ter ere van Julius Ceasar ingestel nadat hy die Romeinse Kalender hervorm het. Dit word as die weegskaal van geregtigheid voorgestel om Julius Ceasar se gebalanseerde sin vir geregtigheid te simboliseer. Terloops, ons hedendaagse kalender wat op die Romeinse een gebaseer is, is nog net 'n kwaart dag uit per jaar, sodat ons net elke vier jaar 'n skrikkeldag nodig het om die kalender met die sterre te sinkroniseer en nie meer 14 dae elke jaar soos lank gelede nie.

In die suide is die drie kruise nou baie mooi sigbaar bokant die Swartberg wat met sneeu daarop die aanskoulikheid net verhoog. Dit is nou veral opvallend hoe naby die Skerpioen aan die Suiderkruis is. In die suidelike rigting huisves ons sterrehemel ware pêrels wat reeds met 'n verkyker opgespoor kan word, soos die dubbelster Acrux, helderste ster in die Suiderkruis, Omega Centauri, die mooiste bolvormige sterrehopie in Centaurus, die Eta Carina newel tussen die Suiderkruis en die Valskruis en natuurlik die mooi galaksie, die Groot Magellanse Wolk.

Hou die sterre in u oë!





Julie 2010

3 – 10 July: Stargazing with Astro Tours 4 Julie: Canticum Novum, VGK Kerk,

18h00

7 July: P A Garden Club, 11 Jan Louw

St, 15h00

8 July: PACF, Allister Sparks on his book "First Drafts", P A Gallery, 17h30 for

18h00

16 Julie: Bloedskenk, NG Kerksaal,

11h30 - 14h30

16 July: Matriekafskeid, Hoërskool

Zwartberg

17 July: PACF outing – scenic route to

Klaarstroom, 08h30 – 15h00

16 – 18 July: Photo Workshop with

Sam Reinders

17 & 31 July: Stargazing with Astro

Tours

21 Julie: VLV – Frieda Schoeman, St John's Kerksaal, 15h00 (uitstalling 10h30 – 12h00)

24 July: Christmas in July, Swartberg

Hotel

24 July: Wild Season, Jans Rautenbach

Schouwburg, 19h00

30 Julie: KANSA, NG Kerksaal, 10h00 -

15h00

August 2010

7 Augustus: NG Kerkbasaar, Prince

Albert

7 & 8 August: Artists Workshop with Joshua Miles, Prince Albert Gallery,

09h00 - 17h00

8 August: 30X40 Auction, Prince Albert Gallery, 17h00 (Viewing from 14h30)

Oktober 2010

8 & 9 Oktober: PA Landbouskou **23 & 24 Oktober:** Die Naaimasjien, Jans Rautenbach Schouwburg

KONTREI EIENDOMME

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Talk to independent agent Denise Ohlson, resident in Prince Albert since 1986 Ek is trots op my webwerf - kyk gerus daarna! www.deniseohlson.co.za







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R 1,2 mil
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die lewe op die platteland...



R 1,2 mil
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tuinwoonstel, dubbele afdak.

Brett the Vet Swings and Roundabouts

In the natural world life is fair. The concepts 'you reap what you sow', and 'you get what you deserve' are self-evident. Cause and effect preside within limited and unrestricted scenarios. Logic dictates that the manifestations of nature are arbitrary and specific.

Interpreting nature rationally requires science, common sense, acute observation, and vivid imagination. Knowledge reveals the implicit order that connects everything, which means that nothing happens in isolation. The slightest movement affects the entire web of life. But our fear and love of irrationality make us religious, fly to the moon, eat poisoned food, breed indiscriminately, take out insurance, fantasize, create conspiracy theories, love the dog, brutalize the pig, break the horse, milk the cow, and pity the panda.

When there is a birth or death in the family, relatives who know respond in a variety of ways. When another species is introduced in the form of a puppy or kitten there are reactions among family members that range from joy to despair.

When a beloved or not so beloved pet is lost, human emotions can vary from indifference, to grief, relief or even happiness. It is also true that domestic animals mourn or celebrate the loss of their owners, depending on the nature of their relationship. Sometimes sorrow can turn to jubilation only after the full impact of the change is realised. In non-human animals false revelations of emotion rarely occur knowingly.

Animals react in similar ways to the arrival of a new animal with jealousy, hatred or enthusiasm. They can feel saddened, or comforted by the loss of another animal, subject to the degree of kinship. This applies to pals or true family situations. For example, visible displays of joy and pride seen in a cow after the birth of the calf she has carried for nine months are contrasted with the very vocal and prolonged anguish she

endures after her infant's abduction year after year. Miserable orphaned calves compound the sadness. Inherent sentience elicits a range of predictable conduct in every living thing.

Wild animals experience losses or gains within groups or of a lifelong partner. There have been documented cases of bereavement observed in zoo animals and creatures in their natural environment. It may not be immediately apparent to the untrained human eye that animals are emotional, or whether they are acting on impulse or consideration.

Usually animals' actions convey what they are feeling, as they are open, honest, and react out of sincerity. Delicacy of subtle expression is sometimes still a mystery for the well initiated within a given species, let alone the scope for misunderstanding between species. Effective communication requires being receptive, and having heightened awareness.

Good memory in elephants and camels is notorious. Effects of even a single act of violence against a puppy or a kitten are manifest throughout a lifetime. Leopards are more shy, and scarcer than ever. Some kudu hurl themselves at moving vehicles on the web of disruptive roads that run thick with the blood of innocent creatures. Certain jackals mutilate multitudes of unprotected newborn lambs. Imprisoned lions and tigers regularly bring down their handlers. Hippopotami defending their territory crumple trespassing tourists. Sharks eat live human bait that doesn't have a protective cage.

Individual experience moulds a particular view of the world. The accumulation of extreme stress is released with extraordinary impact with human intrusion on the natural world. As we cringe through the era of 'what have we done' we still have the power to look at what we could do (or avoid), to allow peace and harmony.

WIL JY BOU?

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Price: R950 000



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Emphasise on value, convenience and endless views! Absolutely for the nature lover, such rarity is obvious to those who price the quality of life above all! **Price: R1.55 million**



LIVING ART BY CONTEMPORARY DESIGNER

As featured many times in home magazines this is where sheer design meet contemporary Karoo living. This **bold** house offers clear lines and an abundance of light, all while maintaining functionality and leisureliness. Elevated above the town, this property offers endless views with its roof terrace where one can also sit and be amazed by the Karoo milky way. The property size is a spacious 1630 m² and surrounded by an established garden & shady trees. This exceptional home also includes an additional income generating cottage which is fully furnished as well as a cool slim stretched pool. **Price: R3.2 million**

MUSEUMNUUS: A glimpse of the lifestyle in the 1920's in Prince Albert

We are lucky to have the memoirs of a few of the old residents of Prince Albert preserved in the museum.

The following is an extract from the memoirs of Marie Botes (née Kruger) - Tannie Marie. She grew up in the house next to the DRC graveyard in Christina de Wit Street where Carol and Dorian Tissiman live today. Her parents who were well respected members of the community had a general dealers shop on the property. And her father, Dirk Kruger, owned a few Ford cars and later a bus with which he transported passengers and post as far afield as Cape Town at a time when there were few cars around.

My ouerhuis (in my kindertyd)

Die onthou van vroeër jare se waterstorie, bring onmiddellik herrineringe aan my ouerhuis soos ek dit in my vroegste bewuswording leer ken het.

Dit was 'n platdakhuis met ses vertrekke: drie voor, drie agter. Ek glo die sesde vertrek, 'n ekstra slaapkamer, is later aangebou. Die sitkamer wat die middelste van die voorste drie vertrekke was, was die enigste vertrek met 'n plankvloer en plafon.

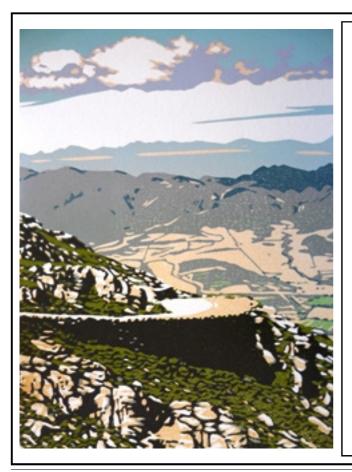
Die slaapvertrekke en eetkamer het lapplafonne gehad. En omdat 'n platdak makliker lek, was die materiaal van die lapplafonne altyd vol vlekke van die nat kolle, en was dit vir 'n klein, verbeeldingryke dogtertjie 'n interessante (of vermaaklike?) tydverdryf om allerhande patrone in hierdie vlekke te soek. Die sitkamer se plankvloer is later met linoleum bedek. Die ander kamers het harde vloere, pikswart, en ek wens ek weet vandag waaruit dit gemaak was - het op 'n tyd 'n storie gehoor van osbloed! Dit is altyd glansend blink gepoleer en geborsel.

Maar die kombuis! 'n Rietplafon en 'n misvloer, 'n groot, diep vuurherd waarin

daar 'n oond wat buite die huismuur aangebou was, se opening was. Die oond is later toegebou en Pappie het buite op die werf vir Mammie 'n groot buitebakoond laat bou.

Die lekker van die groot vuurherd was die groot, diep es waarop ons kinders graag op winteraande gesit het as Mammie vir ons pannekoek of poffertjies gebak het. Daar was baie kinders in Prins Albert wat "in-die-es-sit" goed geken het, maar daar was ook baie – en soos ek aan hulle dink – ongelukkiges wat dit nooit gesmaak het nie.

Ons kombuismure was met geel veldklei af-"gewit" en van dieselfde klei is 'n randjie van so 9 duim wyd, al om die buitekant van die vloer gesmeer. Ons het die mis van bure wat koeie gehad het, oorkant die straat gekry. Ek het self soms die vloer gesmeer. En ek onthou die skoon ruik van die kombuis as die vloer vars gesmeer was.



Artists Workshop

Joshua Miles the well-known reduction woodblock artist is giving a practical workshop on his craft.

The two day workshop will be hosted by the Prince Albert Gallery at the Seven Arches on 7th and 8th August.

All participants will receive a set of chisels and the knowledge he's accumulated over years of experience.

Cost: R800 per person

Venue: Prince Albert Gallery, Seven Arches,

57 Church Street, Prince Albert.

Time: 09:00 - 17:00

For booking contact: Brent 082 749 2128

Email: karoogallery@intekom.co.za



The Tissimans house on Christina de Wit St as it was in the 1920s

In die kombuis was die hoë kas waarop ons wateremmers gestaan het. Onder hierdie kas was daar 'n lae sitplekkie waar ons kinders in die winter een-een moes gaan sit. Dan was Marrie ons voete en skrop die skurwe plekke met 'n harde borsel en daarna smeer sy ons voete goed met 'n mengsel van lampolie en kersvet. Dit was 'n welbekende middel teen skurfheid.

Voor die voordeur aan die huis was 'n lang klipstoep: rivierklippe ingelê in 'n soort sementmengsel en op die bopunt van die stoep, teen die huismuur, was Mammie se somerhuisie met haar varings, waarvoor ek van kleins af moes sorg. Miskien was dit omdat die koringkrieke somertyd uit die veld kom na die huise en koelte soek dat Pappie later die huisie van die stoep af 'n hele entjie versit het. Die ry malvas in paraffienblikke rondom die stoeprand is verwyder en langs die heiningdraad geplant. Die ou stoep is met 'n sementstoep vervang, 'n veranda daaroor, en nog later is 'n staandak op die huis gesit. Die rieten lapplafonne is ook vervang met plank en ons het selde meer hoef te bekommer oor lekkasies. Al die binne deure van die huis was van pragtige geelhout gemaak.

Agter die huis was 'n klein plankkamertjie, heeltemal oop van voor, die motorhuis van Pappie se heel eerste Fordjie. Dan 'n lang geboutjie met kleinhuisies (toilette) en 'n houthuisie. Al die jare het ons houtvuur in die swart Doverstoof en later 'n groter en bietjie moderner stoof, gemaak. Groot vragte hout is van tyd tot tyd gekoop – wat van die plase af gebring is – en die stukke is oor twee skuins paalkruise, genoem bokke, kleiner gesaag. Daarna is dit in gebruikgrootte opgekap en die hele houthuis netjies en stewig volgepak. Die krummels is ook versorg, want dit is gebruik om die vuur aan die gang te kry.

Bergkant toe van die geboutjie was die wasplek met 'n groot, wit rivierklip waarop die wasgoed gewas is in die baddens water wat van die sloot af aangedra is. Daar langsaan was die bleikplek, 'n hele groot kol gepak met klein, skoon wit rivierklippies. Na dit met gieters water afgespoel is, is die wit wasgoed daarop oopgegooi en van tyd tot tyd weer natgespat tot al die ander wasgoed klaar gewas was, en dan is dit opgetel en in blouselwater uitgespoel om dan spierwit op die draad gehang te word.

Skuins voor die houthuis was die skuurplek waar die stoof se as uitgegooi is. Daar het Marrie, na sy middae die kombuis aan kant gehad het, die swartgebrande potte met as silwerblink gesit en skuur. Veral die sogenaamde penspot (vandag se potjiekospot) wat op die stoof oor 'n opening oor stadige vuur gebruik is om koffie in te brand, het veel skuurwerk

gevra, en net so het ons ysterwaterketel waarin al die koffie- en teewater gekook is, ook in 'n opening gestaan en baie swart gebrand, maar in Mammie en Marrie se kombuis het alles geblink.

As dit die dag stoofskoonmaakdag was, was daar baie werk. Al die los dele van die stoof is af- en uitgehaal en buite skoongeskuur. Die hele vuurherd is geskrop en uitgewas en alle as verwyder. Tot die stoof later soos 'n nuwe, blinke lyk.

Daarna moes die res van die kombuis geskraap word. Elke hoekie en artikel is kraakskoon gewas. Koerantpapier is gevou en netjiese patroontjies is daarin geknip en dit is dan op alle rakkies gesit voor die potte, ens. weer daarop gekom het.

Word vervolg in die Julie uitgawe van die *Prince Albert Vriend*.

Museumgroete Lydia Barrella

Di van der Riet Steyn

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Growing Support for the Cultural Foundation

AGM 2010

Starting at 18h30 on the night of 3rd June, thirty people arrived at the St Johns Hall for the annual general meeting of the Foundation. Generally, AGMs can be dry and not well attended, however, the Foundation appears to be growing from strength to strength due to its annual programme of interesting events and outings, which are designed to be enjoyed by the wider community. However, the absence of a strong link with North End residents is regrettable and remains a void in the Foundation's continuous attempts at inclusitivity.

Judy Maguire, chairperson of the Foundation, once again impressed all with her wide-ranging involvement, not only in the demanding work of the Foundation, but as a representative on the South End Area Committee, her contributions to the Integrated Development Plan, and the Fransie Pienaar Museum. The meeting was given an updated overview on all these important programmes, as well as a retrospective on the past year's projects,

whether achievements or 'verlore stryde'. Coming under review were: The Swartberg Pass Restoration Project; Alberts Mill restoration; the Heritage Inventory and the work of the Built Environment and Landscape Committee (BELCOM); Art and heritage; Music; Graveyards; the Food Garden project; the Thusong Centre project; Finance; and Correspondence.

Christine Thomas outlined the Childrens' Art Project, once-a-week and free. Usually 14 to 24 year-olds attend, receive classes in painting, drawing, printing, sewing, and embroidery on hessian. Christine is assisted by a group of enthusiastic women and she announced that there would be an exhibition of the childrens' art work for the year at the St John's Flower Festival in October.

The report from the chair covered the objectives which will be pursued for the forthcoming year:

 The PACF will aim to widen its membership at all levels and plan its activities to become inclusive in a

- diverse generational and cultural milieu.
- The objectives are not centred on entertainment, but also heritage issues relating to the built environment and cultural landscape.
- A project to record personal histories has been partially successful. The stories of Piet Balelie are being recorded. and as well as those of Dawid Rossouw on Klaarstroom, and Pat Marincowitz.
- The 'stoking van witblits' organised by the Museum, with PACF members taking an active part, was a huge success and will be repeated and programme expanded.

A show of appreciation was given for the *Prince Albert Friend*, which increasingly is a mouthpiece of quality for issues that are important to the community.

There is a perception that Prince Albert is like a 'theme park', a coccoon sheltered from the outside world, separated from reality. The aim is to get the community to

(Continued on p 14)

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YESTERDAY'S QUALITY, TODAY'S POTENTIAL. WEB 105735 Bedrooms 3 Bathrooms 2 Garage 1 Beautiful Karoo style house. Spacious living areas. Big outside storeroom. Located in well-liked Bo-dorp.

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(Growing support... Continued from p 12)

'buy in' to the importance of heritage if the town's cultural landscape and lifestyle is to be sustained. Visitors to Prince Albert, bring a fresh perspective, and remark that Prince Albert is a clean town compared to others and decades ahead with the positive community involvement. An interesting question was raised: What if the PACF did not exist?

A highlight of the evening was the captivating slide show and talk by Ailsa Tudhope, entitled "Experiencing the Island of Iona". Describing her three-monthlong experience in her familiar upbeat commentary peppered with anecdotes, Ailsa gave interesting insights into the island's history. A venerated place and another world off the coast of Scotland, it has attracted those who wish to enjoy voluntary retreat. Ailsa's wonderful presentation was much appreciated. Numerous publications on display completed the compelling slide images.

The meeting ended with soup and bread, and other local produce.

DIE 2012 PLAN

Mari du Toit se artikel (Mei 2010 uitgawe) oor die idee dat alle groeperinge of instansies iets moet hê om in 2012 te vier, het opspraak gewek. Sy het agtergekom dat baie van die plaaslike kultuurlewe in 2012 verjaar. Onder andere: PA Vriend ~ 100 jaar se bestaan; Biblioteek ~ 150 jaar gestig; Zacharias de Beer ~ leenplaas Kweekvallei 250 jaar ~ Munisipaliteit ~ 110 jaar; Huis Kweekvallei ~ 40 jaar; Pad na Gamkaskloof ~ 50 jaar; Hekkie Moos se eerste skildery uitgestal ~ 50 jaar; Kerkbasaar ~ 150 jaar

Sy stel 'n feesviering vir elke maand van 2012 voor, nooi alle dorpsmense om deel hetsy in hul privaat hoedanigheid of as deel van 'n groep. Skole sal genader word, gemeenskaplike herdenkinge van troudae kan prettig wees. Mari is op soek na meer voorstelle. Sy en Hekkie Moos werk tans saam aan die beplanning van die heerlike geleentheid wat ons hele dorp kan vier.



Allister Sparks' First Drafts



rince Albert's Cultural Foundation and the Prince Albert Gallery will host respected veteran journalist and political analyst, Allister Sparks, on the evening of 8 July to introduce his latest book, First Drafts: South Africa in the Making, and to talk on "A critical time: where our country is now."

The title of Sparks' book is taken from an idea by Philip Graham, the late pub-

(Continued on p 15)

MUNISIPALITEIT PRINS ALBERT

KENNISGEWING 43/2010

TARIEFVASSTELING VIR DIE FINANSIËLE JAAR 1 JULIE 2010 TOT 30 JUNIE 2011

Kennis geskied hiermee ingevolge die bepalings van artikel 75A(3) (b) van die Wet op Plaaslike Regering: Munisipale Stelsels, 2000, (Wet No 32 van 2000), soos gewysig, en artikel 14 van die Wet op Plaaslike Regering: Munisipale Eiendomsbelasting, 2004, (Wet No 6 van 2004), dat die Munisipaliteit Prins Albert water-, elektrisiteit-, riool-, vullisverwydering-, diverse- en eiendomsbelastingtariewe aangepas het, per Raadsbesluit 108/2010 van 28 Mei 2010. Aangepaste tariewe sal op 1 Julie 2010 in werking tree.

Die eiendomsbelastingtarief vir die 2010/11 - belastingjaar is vasgestel op 0,280c/R.

Volle besonderhede van die Raadsbesluit, kortings op eiendomsbelasting en vasgestelde tariewe is ter insae by alle publieke biblioteke en Munisipale kantore in die gebied van die Munisipaliteit.

Munisipale Kantoor Me JD FORTUIN Privaatsak X53

MUNISIPALE BESTUURDER **PRINS ALBERT** 7 Junie 2010

6930 Tel. (023) 541-1320

PRINCE ALBERT MUNICIPALITY

NOTICE 43/2010

DETERMINATION OF TARIFFS FOR THE FINANCIAL YEAR 1 JULY 2010 TO 30 JUNE 2011

Notice is hereby given in terms of the provisions of section 75A(3)(b) of the Local Government: Municipal Systems Act, 2000 (Act No 32 of 2000), and section 14 of the Local Government: Municipal Property Rates Act, 2004 (Act No 6 of 2004), that the Prince Albert Municipality amended the tariffs for water, electricity, sewage, refuse removal, sundry items and property rates per Council resolution 108/2010 of 28 May 2010. The amended tariffs will be applied as from 1 July

The property rate for the 2010/11 financial year has been determined at 0,28c/R.

Full details of the Council resolution, rebates on property rates and particulars of the determined tariffs are available for inspection at all public libraries and Municipal Offices in the area of the Municipality.

Municipal Offices Ms JD FORTUIN MUNICIPAL MANAGER Private Bag X53 PRINCE ALBERT 7 June 2010 6930 Tel. (023) 541-1320

(Allister Sparks... Continued from p 14) lisher of the Washington Post, who described a journalist's role as being to "write a first rough draft of history." Sparks is fascinated with the concept of writing "contemporaneous history" – history as you experience it versus "retrospective history" – history as written by historians.

First Drafts follows a trilogy of books on the unfolding story of South Africa and its transition from apartheid to non-racial democracy. At the launch of First Drafts in Johannesburg late last year, Sparks said contemporaneous history gives one a unique view of "how something is while it is happening".

The book includes his writings for various publications from 1999 to 2009, a period he describes as a "decade of drama" – how it began in high hope with Mbeki as president and ended with his collapse; started with George W. Bush and then delivered us Obama; saw the heights of neo-liberal economics and its crash.

Allister Sparks began work as a reporter on the Queenstown Daily Representative in 1951. He was appointed an assistant editor of the Rand Daily Mail in 1967 and served as its Editor from 1977 to 1981. Under his editorship, the Rand Daily Mail exposed the "Information Scandal" – the abuse of government funds to fight a pro-government propaganda war at home and abroad. Sparks served as correspondent for the *The Economist, The Washington Post* and *The Observer*.

He has won many awards and has also taught at several American universities; served on the first transitional Board of the SABC and for a time was Editor-in-Chief of SABC television news and current affairs. For the past 11 years Sparks has worked as a political analyst serving the investment community.

The event at the Prince Albert Gallery is open to all Thursday, **8 July** at **17h30** for 18h00.

2012

~ Prince Albert beplanning / planning ~

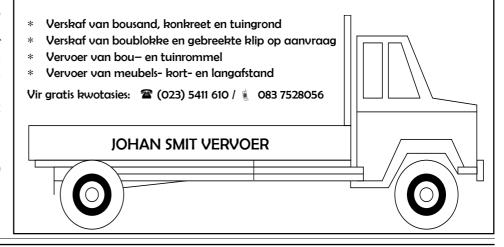
WAT KAN <u>JY</u> VIER IN 2012? WHAT CAN <u>YOU</u> CELEBRATE IN 2012?

et jy al begin dink oor 2012? Ek het en kyk wat het ek uitgevind. In 2012 sal ons die volgende kan vier. Here's a list of events to commemorate in 2012:

- 250 jr De Beers begin boer op Kweekvallei De Beers establish Kweekvallei
- 170 jr NG gemeente gestig Dutch Reformed congregation established
- 150 jr NG Kerk hou eerste kerkbasaar in Maart 1st NG Church bazaar in March Dorpsbiblioteek gestig the Library was opened (14 Des vorige jaar) Prins Albert sterf HRH Prince Albert died
- 110 jr Munisipale status gekry Prince Albert attains municipal status
- 100 jr ACVV tak gestig in Prince Albert ACVV branch established here 4 Okt *Prince Albert Vriend* se 1ste uitgawe the *PA Friend's* first issue published
- 50 jr Pad na Gamkaskloof gebou the road to Gamkaskloof constructed
- 40 jr Huis Kweekvallei ingewy first residents move into Huis Kweekvallei
- 30 jr Vriende van die Museumvereniging gestig Friends of the Museum founded
- 20 jr PA Toerismevereniging gestig PA Tourism Association starts work
- 15 jr PA Saterdagmarkie op 13 Des. begin the Saturday Market springs to life
- 5 jr Renu-Karoo begin Renu-Karoo Veld Restoration opens

Ons sal heeljaar kan fees vier! Elke maand iets anders. Begin dink oor hoe en wat ons kan vier. Stuur jou idees per e-pos na story@storyweaver.co.za of bel Mari du Toit by 023 5411 808. We can celebrate something every month! Think about how we might do just that. Send your ideas by e-mail to story@storyweaver.co.za or telephone Mari du Toit at 023 5411 808.

Mari du Toit



A Right Royal Apple



John and Louise Waterton - John helped develop the Lane's Prince Albert apple variety

- Sue Goosen -

n a recent visit to England, I discovered the following story about a cooking apple that was named after Prince Albert.

"Queen Victoria and Prince Albert changed coaches in Berkhamsted, Hertfordshire at the very moment that a Mr Squire was planting a seedling apple tree in his garden. Quite rightly Mr Squire named his new apple tree 'Victoria and Albert'.

A year or two later, he began to grow the trees for commercial sale. Subsequently, a Mr Lane, of Lane's Nursery started growing them and renamed the apple trees as 'Lane's Prince Albert'. The story is likely to be true as the tree definitely originated from Hertfordshire in 1841. It is an old-fashioned apple that is used mainly for cooking and is great for recipes requiring an apple that keeps its shape. It is still grown commercially in the UK for cider making."

My family has a connection to this tale. I grew up in Berkhamsted and my great-grandfather, John Waterton, was a nurseryman at Lane's. Family legend has it that he helped develop the Lane's Prince Albert variety.

My sister, Jill has moved to a house that has an apple orchard of mixed trees, and last year the Lane's Prince Albert produced its first three apples. Unfortunately I didn't get to taste one!

The trees can be purchased online, but the supplier recommends this variety as suitable for cooler climates so I am unlikely to plant one in our Prince Albert garden.





BIBLIOTEEKWEEK 2010



Dot Stokes, Lorna Grobbelaar, Mavis Aggett, Jeanette de Lange en Shireen Reid, beoordelaars by ons kunskompetisies.



Wildekanisland se kinders met hulle kuns.

- Reinie Smit -

ie week van 24 - 28 Mei 2010 was 'n week vol pret en bedrywighede in ons biblioteek.

On Tuesday 25 May our "older than 60" readers gathered for a most enjoyable event in the DR Church Hall. More than 100 friends joined us to enjoy the delicious treats and great entertainment. Jeanetta de Lange, Michael Brunner, Hester van Vuuren and the Albert College choir provided a programme which

included food for thought and much laughter. One of our English members remarked after the event: "I never knew that Jeanette was so naughty!"

Woensdag is ons na die Bejaardesorgsentrum in Noord-End waar ons die gaste trakteer het op 'n program en heerlike eetgoed.

Donderdag is ek en "Ouma" Jeanetta na die kleuterskole met koeldrank, koekies, stories, liedjies en gediggies.

Skoolkinders van die onderskeie skole het

aan kompetisies deelgeneem, en almal se kunswerke is in die biblioteek uitgestal - alles met 'n sokker-tema, natuurlik! Baie dankie aan almal wat deelgeneem het en gehelp het met die beoordeling. Baie dankie vir Sabella wat vir ons by Sasko gereël het vir pryse vir die kompetisies, en die Thursday Group - dames vir die donasie van koekies - dit het ons kleuterskool-kinders se ogies laat blink!

En dan 'n spesiale groot dankie aan al ons Biblioteekvriende vir al jul hulp, bydraes, en entoesiasme. Daarsonder sal ons nooit so iets kan aanpak nie. Dis so 'n plesier om saam met julle te werk en ek waardeer elkeen van julle.

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Bettie Oorlede

Ons is hartseer om te berig dat Bettie Bosman op Woensdag, 23 Junie, oorlede is. Ons sal 'n huldeblyk in die volgende uitgawe van die *Vriend* plaas.

We are sad to report that Bettie Bosman died on Wednesday, 23rd June, a tribute will appear in the next issue of the *Prince Albert Friend*.

SOKKERKOORS IN PRINCE ALBERT

Die Wêreldbeker-sokkergogga het die dorp behoorlik gebyt. Vlae wapper orals, vuvuzela's klink op en selfs die hotel se saadbrood loop deur.



Prince Albert Primêr het sy sokkervakansie afgeskop met 'n fees, waartydens kinders onder meer die Diski-dans gedemonstreer het.

Foto: Linda Jaquet



Selfs op die Saterdag môremarkie (links) word sokkergees gevang.

Albert College het op 9 Junie ter steun van Bafana Bafana van The Lazy Lizard af na die Toerismeburo geloop.

Shaun van Zyl (regs) was een van die vuvuzela-blasers. Foto: Gudrun Toelstede



Ook Hoërskool Zwartberg het gees gevang met 'n sokkerdag ten bate van volgende jaar se matriekafskeid. Foto: Theresa de Wit



Die Hotel se saadbrood



Juf Jakoba Visagie en Anri de Wit van Hoërskool Zwartberg, kragtige Bafana Bafana ondersteuners. Foto: Theresa de Wit



Kinders word uit die kattekwaad gehou met verskeie aktiwiteite gedurende die ekstra-lang skoolvakansie. Foto: Linda Jaquet



Seuns van Prince Albert Primêr, wat die onderskeie wêreledspanne verteenwoordig het, het mekaar die stryd aangesê in 'n mini-toernooi. Foto: Barbara Castle

Uncle Remus and the Lady Farmer Put an End to Stock Theft

- Hugh Forsyth -

ne day when the sun is overhead and the small birds is hopping about, Uncle Remus sit on the porch rocking back and forth, not thinking about too much. The Boy be out in the yard, fixing the wire on the chicken coop and the yard dog taking a nap under the apple tree except when he wake up from time to time to snap at the flies. Generally speaking, them be peaceful circumstances.

Then real sudden the front door by the small house burst open, and the back door burst open, and the Lady Farmer come stomping out on the porch like she real mad. "Uncle Remus," says she, "my fluffy goats is vanishing over the wire fence and they is vanishing out the side gate, and some of them is vanishing straight up to the starry sky, 'cause I got the trouble with the animal thief.

Uncle Remus stop the rocking back and forth and he sit up smart in sincere sympathy. "I gonna think up a solution," he say. Then he sit still and he close his eyes to think better. The Lady Farmer she pace up and down the porch real agitated, 'cause the Lady Farmer don't keep herself still for three or maybe five minutes in her whole life, 'cause she be like that.

Finally Uncle Remus open his eyes and he say he got the solution, and he tell her. Then they hit out to the friendly home hardware store and they get tar and turpentine and razor wire and a big can of light grey paint. They come back in the yard and Uncle Remus call the Boy to lend a hand. So they get to work and they fashion up this contraption what look just like a fluffy goat, except him black. Then Uncle Remus and the Boy wind the razor wire all round and about the fluffy goat till they run clean out of "Too shiny," says the Lady Farmer. So up come the big can of light grey paint and that go all over the decoy till it look so real live it just about breathing in and out and nibbling grass.

Uncle Remus and the Lady Farmer go to

the meadow on the farm and they set the decoy down in the middle. Then they shoo all them live fluffy goats in the barn and they tell them keep quiet. Uncle Remus and the Lady Farmer go to their homes and they close their eyes for the good sleep.

In the middle of the night the animal thief come creeping by and he astonished he don't see no fluffy goats, then he spy one fluffy goat in the middle of the meadow. So, real sly, he make up behind the decoy, and just when he two or maybe three barrow lengths behind, he make his fatal mistake. 'Cause he take off in a mighty jump like he come out a gun, and he dig himself in tight all over, and he wrap his arms round deep, then just when he want to use the big knife to get two weeks good dinner, he go soft all over.

Next morning early Uncle Remus get out the warm bed and he reckon he got to take a sack in his hand, so he take a sack in his hand. The Lady Farmer reckon she don't feel right till she got something in her hand, so she take something, and they meet down by the meadow. Just before the time when the sun put his socks on, they go out in the middle to see what the news gonna be, whereupon they confronted with a scene of pitiful destruction. Uncle Remus and the Lady Farmer look each other in the face and they nod their heads in agreement. Then the meat axe get to work and they put all the good parts in the sack to make the transaction by the meat merchant.

The meat merchant look at the sack of meat before him and he frown his face in deep concentration, and he narrows his eyes till it look like him falling asleep. "What this be dead?" says he. "Oh." says Uncle Remus, "this be hog meat, and this come from the worst case of hog suicide I ever did see. 'Cause that hog done throw himself up to the wire fence ten or maybe fifteen time till he look so bad it be fitting to call the Preacher Man, then just when he want to throw himself up to the wire fence for the sixteenth time, he surrender up his mortal soul to the heavens above. So we cut out the bad parts for the yard dogs, and we put the good parts in the

sack to make the transaction." The Lady Farmer nod her head in truthful agreement of all what Uncle Remus say, and she cross her fingers behind her back, real tight.

The meat merchant get to reckoning the situation long and hard, then they make the transaction. Uncle Remus and the Lady Farmer put their feet on the sidewalk in the bright sun and they look each other in the face, just like two kids what up to mischief and they wink their eyes.

Two or maybe four days pass by when Uncle Remus wake up early with the small birds twittering in the yard, and he saunter down to where the Lady Farmer making the prize-winning cheese. "Howdy," he say. "Howdy," she say. "No more trouble with the animal thief," says she. "Then we go celebrate," he say. The Lady Farmer finish to make the prize-winning cheese for that day, so she got time. Then they hit off down the big road, lippity-clippity, clippity-lippity till they get fetch up at Uncle William Breakfast Emporium. Uncle William give them the big howdy 'cause he like to see a lady at his Breakfast Emporium. Then they get the fried eggs, sunny side up and tomatoes and mushrooms, and a dandy hog steak on the side, like only Uncle William know how.

When they finish to wolf the whole lot down they smack their lips so the folks round about reckon there be a thunder-storm coming up. "That be the finest hog steak I ever did eat," the Lady Farmer, she say, "'cause that meat so sweet it taste like the honey of the flowers on the mountain," and she set her knife and fork down together, real lady-like. Uncle Remus pause to consider the chain of events, then he smile slow.



Prostaatkanker - dit is belangrik om getoets te word

- Christine Snyman -

In sameworking met dr. Reinders word PSA toetse in **Julie en Augustus** gedoen. Wat is PSA? Dit is 'n bloedtoets om die prostaat spesifieke antigen vlak in mans vas te stel. Graag wil ek net die volgende belangrike inligting met u deel.

Gedurende 1997 was prostaatkanker in Brittanje die derde grootste oorsaak van sterftes onder mans. In Amerika is dit die mees diagnoseerde kanker en in Suid-Afrika die mees algemeenste kanker onder mans. Die oorsaak van prostaatkanker is nog onbekend, maar daar is verskeie risiko faktore wat daarmee verband hou:

- Gevorderde leeftyd
- Familiegeskiedenis van prostaatkanker.
- 'n Diet ryk aan diervette en proteien

Kansa bied elke jaar geleenthede aan persone om getoets te word. Maartmaand was dit kolonkanker en 14 persone is negatief getoets en twee positief wat moet gaan vir opvolgtoetse. September maand word borsondersoeke gedoen wat weer ons dames gerusstel. Ek doen 'n beroep op ons mense om asb gebruik te maak van hierdie geleenthede.

Kansa trek geen finansiële voordeel hieruit nie. Die tarief wat betaal moet word is slegs R70.00 en die patoloë hef hierdie spesifieke tarief vir Kansa.

Neem asb kennis dat op **30 Julie** kan persone vanaf **10h00 tot 15h00** ook getoets word by die **NG kerksaal**, Prince Albert. Dit sal net vir die een dag daar gedoen word. Sien julle daar!



PA Drywers Presteer

ttieen Arendse, Klaas Pieterse en Reinhold Romp van die Prince Albert Munisipaliteit het ons naam hoog gehou in die Sentraal Karoo Drywer van die Jaar kompetisie wat op Saterdag, 22 Mei, te Beaufort-Wes plaasgevind het. Die kompetisie is daarop gemik om drywers se bestuursvermoë te toets en dryweropleiding te bevorder.

Attie het die eerste plek verower in die Vastebak kategorie terwyl Klaas (Bus) en Reinhold (Novice) die derde pryse in hulle kategorieë gewen het.

Dit is die derde jaar dat die kompetisie plaasgevind het en dit was baie goed ondersteun. Daar was ses drywers wat vir die eerste keer deelgeneem het. Onder hulle was die eerste vroulike deelnemer, Amanda Smit, van Laingsburg.

Die kompetisie het uit vier komponente bestaan, nl. teorietoets, voorrit inspeksie, baantoets en padtoets. Kompetisie was straf en gemengde welslae is behaal. Die drywers sal die streek in Augustus by die Provinsiale kompetisie te Kaapstad verteenwoordig.

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Vanuit Huis Kweekvallei...

Olyffees 2010 het gekom en gegaan...

Hiermee wil ons dan graag vanuit Huis Kweekvallei vir almal wat gehelp het om 'n sukses te maak van ons stalletjies tydens die Fees, BAIE DANKIE sê.

Ons waardeer ELKE bydrae; ELKEEN se hulp, van watter aard ookal, werklik opreg!

Ons het almal- weereens (hoe dan anders?!) - baie lekker SAAMGEWERK, al was ons almal aan die einde van elke dag taamlik pootuit.

Danksy julle almal het ons daarin geslaag om die pragtige bedrag van R14 846.00 in te samel. Wees verseker dat ons dit opreg waardeer.

Ons wil egter ook vir elkeen wat deurlopend bydraes/ skenkings maak, baie, baie dankie sê. Ons het weer vanaf National Airways Corporation 'n pragtige bydrae gekry, asook 'n skenking van wegdoenbare doeke wat veral ook baie help, aangesien die Tehuis die onkoste verbonde aan die doeke ten opsigte van staatspensioenarisse moet dra.

"Dankie" is maar 'n baie klein ou woordjie, maar wees verseker dat ons dit opreg waardeer!

"Ek is maar net een, maar ek is darem een! Ek kan nie alles doen nie, maar ek kan iets doen. En omdat ek nie alles kan doen nie, sal ek nie weier om die iets te doen wat ek wel KAN doen nie." (Edward E Hale)

> Magrieta Engelbrecht, ACVV Huis Kweekvallei

PA Pynappel



Jan Blou (middel), André Hoffman (regs) en Gert Piedt (links).

ee, dit is nie 'n plastiese pynappel nie! It's the real McCoy! Prince Albert's first homegrown pineapple.

Jan Blou van die Landmark (Koöperasie) het drie jaar gelede die bokant van 'n pynappel, met 'n stuk vrug aan, vir die grap geplant en siedaar! Prince Albert se eerste regte egte plaaslik-gegroeide pynappel.

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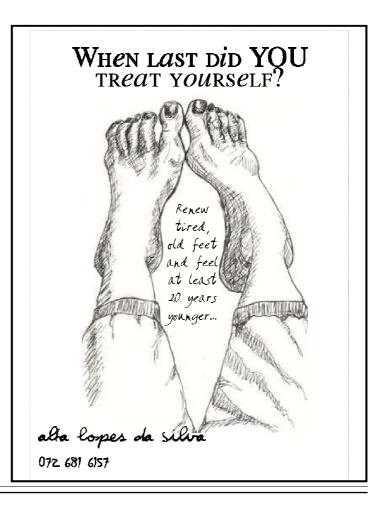
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"WILD SEASON"

Produced by Jans Rautenbach and directed by Emil Nofal, Wild Season was made in 1967, a film with beautiful cinematography by Vincent Cox and haunting music by Roy Martin, together creating a memorable movie experience.

The cream of South African acting talent, including Gert van der Bergh, Marie du Toit and Joe Stewardson, add to the gripping reality of a timeless story, the clash between a stern, forbidding and grieving fisherman and his bookish son. Wild Season is based on an idea by Emil Nofal after making The Ever Free, a documentary paying tribute to those who harvest the forbidding oceans.

The Prince Albert Cultural Foundation is proud to be able to present this film from the days before television, and which marks the excellence of South African film-making of that time.

Other vintage films in Afrikaans and English will be presented during the months of August and September. Keep a lookout for posters and details.

The film will be shown at the **Jans Rautenbach Schouwburg**, compliments of Laetitia Van Dyk, on **24th July** starting at **7pm**. Entry is by donation of R20 at the door.



THE SWARTBERG PASS RESTORATION PROJECT Monitored by the Prince Albert Cultural Foundation

- Last Steering Committee meeting was held on 3rd June, hosted by Prince Albert Municipality. Not all roleplayers were present.
- Roleplayer authorities: Dept of Transport & Public Works and Municipalities of Prince Albert; Eden; Central Karoo District; Outeniqua District.
- Other roleplayers: CapeNature; Daveng Civil Engineers; BACE Consulting Engineers; SETPLAN, Prince Albert Cultural Foundation; and HOPE.
- The project is part of the Prince Albert Municipal Integrated Development Plan.
- The short term maintenance programme on the northern side of the Swartberg Pass is underway, but the originally allocation for the Extended Public Works Programme has been reduced to R1m.
- Steps will be taken towards funding from national level.

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Prince Albert Openbare Biblioteek

Anderkant Pontenilo ~ Irma .Joubert ~

"Eintlik bou almal van ons brûe oor versperrings. Ons moet soms skeurings oorbrug. Soos verskille tussen mense." Politiek. Godsdiens. Klas. Kultuur. Taal.

Pontenilo (Ponte de Nilo) – Brug oor die Nyl

Nie die Nyl in Noord-Afrika nie, maar die Nyl op die Fouries se Bosveldplaas waar Klara, De Wet en Boelie saam met hulle ouers woon.

Die is die jaar 1939 met die uitbreek van die Tweede Wêreldoorlog. Die Fouries volg die oorloggebeure oor die radio. Soos in menige Suid-Afrikaanse huise is daar tweespalt of Suid-Afrika tot die oorlog moet toetree of nie.

Maar oorlog raak almal oor die wêreld. In Italië word die Romanelli-gesin verpletter met twee van hulle seuns wat opgeroep word om te gaan veg en 'n derde wat met sy Joodse meisie die berge in vlug wanneer Hitler begin om die Jode te vervolg. Die oudste Romanelli-seun, Antonio, word gevang en as krygsgevangene na Suid-Afrika gestuur. So beland hy op die Fouries se plaas om te help bou aan 'n brug oor die Nyl-rivier.

Klara doop die brug Pontenilo – brug oor die Nyl. Klara en Antonio moet ook hierdie brug oor. Een party moet oorloop na die ander kant... As jy halfpad ontmoet "...staan albei in die middel van die brug. Dit is net 'n tydelike verposing – jy sal moet kies na watter kant: die eenkant of die ander kant."

Wat wag vir Antonio anderkant Pontenilo? Klara is in Suid-Afrika en in Italië wag sy verloofde.

Hierdie boek kan jou nie onaangeraak laat nie. Oorlog raak almal. Gesinne van al die gevegslinies kry swaar, ly verliese, al is hulle die vyand!

Ronél McKnight

Ratepayers - Please Be Patient - Your Letters Will Be Answered

- PARA Committee -

any Prince Albert residents have experienced the frustration of writing to the Municipality and receiving no acknowledgement of their letter, let alone a reply. It may have been a letter of complaint, or a letter seeking advice, permission to do something, clarity on legislation or a beef about barking dogs. Whatever the subject, no reply is frustrating, and after two or three letters the writer may simply give up and say: "Well, I've tried, now I will do what I like." Not the ideal state of affairs

Tydens 'n onlangse vergadering van die PABV en munisipale amptenare (7 Junie 2010) het die munisipale bestuurder, Juanita Fortuin, toegegee dat die munisipaliteit se terugvoer op briewe van die publiek onbevredigend is en het sy onderneem om die saak te

verbeter. Haar voorstel: 'n standaard, gedrukte en genommerde vorm wat onmiddelik uitgestuur word om ontvangs te erken gevolg deur 'n gemoniteerde opvolgprosedure gekoppel aan die gegewe nommer.

Onbetaalde rekeninge is om verstaanbare redes 'n groot bron van kommer vir die munisipaliteit. Geen organisasie, munisipaal of ander, kan behoorlik funksioneer met 'n swaar skuldlas nie. Inwoners skuld ons munisipaliteit groot somme geld.

'n Effektiewe invorderingsstelsel moet dringend in plek en werking gestel word. Bevredigende munisipale dienste verg vanselfsprekend eerstens betaalde inwonersrekeninge. Die hoof finansiële bestuurder het onderneem om syfers wat die toename van uitstaande rekeninge oor die laaste drie jaar aandui, beskikbaar te stel. Signage in Prince Albert has recently attracted the attention of the Municipal officials and members of the public. Some signs are not well designed, are not well placed and nearly all are illegal.

There are clear by-laws governing signage and the Municipality intends applying those laws before the town looks just plain scrappy. This exercise will need co-operation of several interested bodies, but it is hoped that the result will improve the appearance of the town and will lead to more tourism, as will a concerted effort to compete successfully in the Cleanest Town competition.

The continued co-operation between the PA Ratepayers Association and the Municipality is producing results. Let's hope that your letters will be answered.

Renu-Karoo

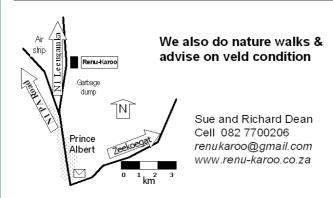


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Lah-di-dah.... Country Life starts here...

Trip of a lifetime - and all on a bike...



Karen Eicholtz on her 3000km bike trip

- Ailsa Tudhope -

It's quite wonderful what the wind can blow in, but in May it was more a case of who the wind almost stopped blowing into town. Karen Eicholtz, a friend of many years standing, included Prince Albert and a quick visit to us, in her amazing 3000km circular ride on her GT Avalanche bike from Knysna to Gordon's Bay, over to Malmesbury, up the West Coast to Lambert's Bay, inland to Pofadder, the Augrabies Falls and Upington, back across country to Beaufort West and Prince Albert and then over the Swartberg Pass to Oudtshoorn, George and home to Knysna. Her ride on 9th May from the Karoo National Park to Prince Albert was quite a challenge.

"Yesterday must rate as one of the hardest days of this trip. It was not the furthest, highest, coldest or even windiest, it was just very long, because of a head wind for the last 55km. As a matter of fact, I was out on the trail for 9h25, of which 8h55 were spent in the saddle. I had over 1000 metres of vertical climb and a very strong head wind for the last 55km. This means that I had to sit and pedal non-stop, unless I wanted to come to a dead stop. I left Beaufort West at 8:15. It was quite cool and the wind was very strong. I had a short stretch to cycle on the N1, fighting the wind and having to contend with big trucks. Scary stuff! Once I turned south on the N12 I was flying. The wind was more or less from behind and I was doing an average speed of 25km/h +, even though I had some climbing to do. I stopped for a quick bite to eat at the 50km mark, but after that things became more difficult. The wind was blowing at 50 to 60km/h, and probably gusting up to 80km/h. At times it blew from the side, which meant that I was being pushed all over the road. It is just by God's grace that I did not end up under the wheels of a big truck.

By the time I turned off the tar road and headed west to Prince Albert, my average speed had dropped to 21km/h. This was where the fun and games began. I still had 55km to go, straight into the wind. My average speed for this last leg of the trip was only 11.1km/h! At times I was doing only 5.5km/h. BUT, I made it by 17:45. What a long day. I did however see a Kori Bustard while on the bike. This is the world's largest flying bird, weighing up to 19kg and they are under serious threat and one usually only sees them in our National Parks - a big bonus for me."

Karen was accompanied on her three-month journey by friends Thys and Nerina who provided nourishing meals at the camping sites and loads of encouragement. They enjoyed comfortable driving in their bakkie and could have carried gear for Karen, but she was determined to carry all she needed in the panniers on her bike, so she travelled as lightly as possible and fulfilled all the goals she set herself for the journey. The team spent two days in Prince Albert waiting for the weather to clear so that Karen could enjoy the ride over the Swartberg Pass. Here's what she had to say about it:

"The word 'awesome' is used too easily nowadays, and I believe it was created to describe this beautiful part of God's creation. The mountains are magnificent, massive, indescribable. Photos can't capture the sheer majesty and size - you have to see it for yourself.

I crawled up the Swartberg Pass slowly and gently. It took me 2 hours of cycling to do the 998m of vertical climbing to "The Top", but you can add another 35 minutes to this for all my photo stops. You climb from 676m to 1587m in just over 16km. I wanted to brew myself some coffee at the top, but the wind was howling and it was very cold. The views are indescribable and the air was crisp and clear. After a quick photo or two I put on my wind breaker and jumped into the descent. Because of all the weight in the panniers, I had to take it easy - which I did not like one bit, as I love a fast descent!

Wilgewandel, a farm stall and adventure centre for kids, lies at the junction of the road from the Pass with the road to the Cango Caves and Oudtshoorn. I sent Thys and Nerina an SMS, telling them I would be stopping for coffee and before I could order it, they joined me. We enjoyed a light lunch before I got going again. The road from Wilgewandel winds all along the Grobbelaars River through Schoemanspoort and Thys joined me on his bicycle for the last 15km into town. We arrived just after 15:00."

The following day saw Karen heading for George, via the Montagu Pass. The last day of her epic journey was rainy but she arrived home safely. We are filled with admiration at the way she completed the challenge she set herself and delighted with her enthusiasm for and appreciation of Prince Albert and the Swartberg Pass. It had been at least ten years since we'd seen her, and we joked that we hope she'll take the short cut next time she visits – it only has two or (if she must) three mountain passes!



Dankbaarheid

- Charlotte Bothma -

Die lof en die heerlikheid, die wysheid, die dank en die eer, die mag en die sterkte behoort aan ons God tot in alle ewigheid. Amen!" [Op. 7:12]

Die Hollander, Roger Defour, het 'n boek oor dankbaarheid geskryf wat hy Dankjewel noem. Dankbaarheid, sê Defour, is 'n seldsame plantjie. Baie van ons word daagliks armer omdat ons die kuns verleer het om dankbaar te lewe.

"Die brood en die voëls, die vrede van water, die prag van die seisoene, die blydskap van kinders, die toegeneentheid van mense, dit alles gaan by ons verby. Ons loop die gevaar om arm mense te midde van oorvloed te wees. Wie arm is, sien geen rede om dankbaar te wees nie," skryf Defour.



Cobus Bothma, wenner van Leeu-Gamka Kwekery se lootjie tydens die Dankfeesbasaar

Die gemeente van Leeu-Gamka het voorwaar rede tot dankbaarheid. In steeds moeilike landbou-omstandighede het ons tot die Heer gebid en gevra dat, alhoewel ons in getal 'n baie klein gemeente is, Hy ons poging met die Dankfeesbasaar ryklik sal seën.

Voorwaar - Hy het dit dan ook GEDOEN! Daar was die hartlike samewerking. Die gees gemoedelik en met die dag van die basaar het ons wonderlike weer geniet en die ondersteuning van die gemeente en ons bure was absoluut puik.

Die besoekers het die Kwekery ook goed ondersteun. Met aanloop tot die basaar het die Kwekery 'n kompetisie uitgeloot wat geborg is deur Warthog Messlypers.

Die wenner van die Warthog Extreme Messlyper ter waarde van R450 is Cobus Bothma van Swartrivier, Prince Albert. Baie geluk Cobus, ons hoop jou prys kom handig te pas hierdie jagseisoen.



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The milk of Guernsey cows has unique qualities including a protein that anecdotal evidence shows could be advantageous to people's health.

Photo: Linda Jaquet

- Val Knoche -

bout fifteen years ago I developed what we now know as an allergy to casein, which as all dairy folk know as one of the proteins found in milk, but which, at the time was medically diagnosed as chronic bronchitis and chronic asthma for which I was prescribed corticosteroids. These medications allowed me to live a reasonably 'normal life' but they leached calcium from my bones and I believe prevented my body from reabsorbing calcium into the bones. As a result I developed osteoporosis in the hip and had to have a hip replacement.

Early last year a diagnostic allergy blood test showed the casein allergy. Casein not only is in milk but the whey is now used as a bulking, emulsifying, anticaking and preserving agent, used in things such as some toothpastes, flour, oats, cereals, bacon, cold meats, it is sprayed on fruits such as apples, mangoes, tomatoes and even all homeopathic pilules and tablets have whey as their base. The list is far too long for this article!

Obviously I have not been able to take milk or milk products for years and I had not found a calcium product without casein either ... until we attended the Olive Festival in Prince Albert this year and visited Gay's Dairy to sample her cheeses.

I happened to read her 'brag board' while we were waiting to be served and I thought that I would just try her unpasteurised milk with its Beta-Casein A2 protein; after all I had my accuhaler in the car if I couldn't breathe! I took one tiny mouthful and nothing happened - no throat closure or gasping for air! It was wonderful.

We brought some milk and yoghurt home and I have been having it regularly ever since, as friends brought me a further supply. I have also found that when I eat something with casein and feel myself closing up, I drink some of Gay's Guernsey cows' milk and it clears me.

I have not had any medication since I started drinking Gay's Dairy milk and yoghurt and if I take a certain calcium tablet with the milk there is no after effect either.

I really do hope that this wonderful, may I call it 'miracle', continues to improve my life and health.

Think what a better world it would be if we all, the whole world, had cookies and milk about three o'clock every afternoon and then lay down on our blankets for a nap.

~ Barbara Jordan ~



Memorable South African Films

Emil Noval's Melodrama of Those who Harvest the Sea

> Jans Rautenbach Schouwburg De Beer Street



Film Festival presented by
Prince Albert
Cultural Foundation/ Kultuurstigting



Renu-Karoo, sypaadjie-tuine en Pilates 'n aangename verrassing vir die VLV



(I na r) Hermien Engelbrecht, Sandy Bower, Francis Olivier, Annelien de Wit, Imke Maeyer

- Ronél McKnight -

p Woensdag, 14 April, het 'n groep VLV-lede as deel van die vergadering, 'n besoek aan Renu-Karoo se kwekery gebring. Vir die meeste dames was dit hulle eerste besoek. Die wonderlike werk wat hier gedoen word naamlik om plante te kweek vir rehabilitering van Karoo-veld, sowel as die groot ver-

skeidenheid veld-, vetplante en kruie wat hier gekweek word, was werklik 'n aangename verrassing.

Tydens die vergadering het Carol Tissiman en Ann Kerr baie interessante raad gegee oor die maak van sypaadjie-tuine en die gebruik van inheemse plante. Terwyl die lede verskillende sypaadjie-tuine gaan besigtig het, is daar met nuwe oë na

dié tuine gekyk. Ons het nou geweet dit verg heelwat beplanning en navorsing voordat so 'n tuin aangepak word!

Sukkel jy met stywe ledemate of 'n seer rug, het Sandy Bower net die regte oefenprogram. VLV-lede het die gimnasium by Lazy Lizard besoek waar Sandy ons meer vertel het oor die geskiedenis en doel van Pilates-oefeninge. Sy het ook 'n demonstrasie gegee oor hoe die oefeninge op die regte manier gedoen moet word, want dit is die belangrikste aspek van die oefenprogram. Die grootste verrassing is dat die oefenprogram geskik is vir oud en jonk. Daar is tot tagtigjariges wat hierdie oefenprogram volg!

VLV-lede wat nog nie by die oefenprogram inskakel nie, is nou oorgehaal om ook deel van hierdie gesonde groep vroue te word!

Pilates het nie verniet gesê: "Physical fitness is the first request of happiness."



MUNICIPAL NEWS



- Linda Jaquet -

WATER UPDATE

Award for drinking water

In April the Prince Albert Municipality was awarded a Department of Water Affairs' Blue Drop Excellence Award for the best municipality to improve and maintain the quality of drinking water. The award recognises the Municipality's efforts in Prince Albert, Leeu-Gamka and Klaarstroom.

The Municipality has now reached 55% compliance with the stringent Blue Drop certification criteria. It still has to finalise its water safety plan and upgrade infrastructure in advance of



Prince Albert traffic officials (I to r) Linda Bouers, Susan Christians, Klaas Sass. Dmitri Jansen and Francois Loots

future assessments. Heinrich Mettler, the Acting Technical Services Manager, was excited about the award and said that it motivated him and his team to keep improving. "Tourism is the town's main source of income and Blue Drop status is a must."

Maintenance and upgrading of infrastructure

Mettler also told the *Friend* that the Municipality was concerned about the quality of the pipes and pumps in the water infrastructure.

At the same time, he confirmed that the current budget did not provide sufficiently for maintenance and upgrading of infrastructure and would need adjusting in this financial year.

In the next few months the Technical Services team will be conducting a water loss audit in the town. They will check for and repair leaking pipes and faulty meters in the streets and on residential properties.

In areas like Rondomskrik, the Municipality will fix leaking and broken toilets. The Municipality will give work to 45 unemployed residents on this project under the Expanded Public Works Programme. Mettler noted that it was imperative to reduce both water loss and the Municipality's debt.

NEW TRAFFIC OFFICIALS START WORK

Pour young local traffic officials have just completed their six months training at Gene Louw Traffic College in Brackenfell.

Linda Bouers of Klaarstroom, Dmitri Jansen of Leeu-Gamka and Francois Loots and Klaas Sass of Prince Albert are now on an induction programme under the supervision of Mark Februarie, who heads the Prince Albert municipal traffic department.

(Continued on p 30)



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(Municipal News... Continued from p 29)

Their on the job training will include administrative tasks and emphasise customer service and inter-personal skills. They will then be deployed throughout the municipal district.

In the near future the Municipal traffic officials will work in shifts, with some operating at night.

MUNICIPAL FINANCES ON THE MEND

The woes in the Municipality's finance section are at last being addressed. Jannie Neethling, formerly Town Manager of Murraysburg, has been seconded here for the next three years under a shared services agreement with the CKDM.

Municipal Manager, Juanita Fortuin, told the *Friend* that in the short time Neethling has been in the Municipality,

he has identified some areas of weakness and is determined to bring discipline back into the finance section.

He aims to ensure that unacceptable negligence such as the non-payment of medical aid contributions in December and January and a telephone account last month will not happen again.

IDP AND BUDGET OPEN TO THE PUBLIC

The approved Municipal budget and the Integrated Development Plan for 2010/2011 are available for public perusal at municipal libraries in Prince Albert, Leeu-Gamka and Klaarstroom.

Municipal Manager, Juanita Fortuin, thanked residents and community organisations such as the Chamber of Commerce, the Ratepayers Association and the Tourism Association for their valuable suggestions and rigorous engagement with the Municipality over the budget.

"We are very grateful for their support and they are certainly keeping us on our toes," she said. "At the same time the community input made the process of public hearings much easier."

SENIOR POSITIONS ADVERTISED

t the beginning of June, the positions of Community Services Manager and Technical Services Manager were advertised in the *Sunday Times* and *Rapport*.

Applications for both positions are due by 2 July and the Municipal Manager indicated that they should be filled by the beginning of September.

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Recharge Test of Local Aquifer successful



Resident Peter Rissik examines the equipment monitoring the artificial recharge of the town's aguifer from the leiwater pipeline

n Saturday, 19 June, Ricky Murray and Johann Rissik of Groundwater Africa and Phillip Ravenscroft of Maluti GSM conducted a licensed artificial recharge test of the town's groundwater supply.

In a carefully controlled and monitored experiment, water from the leiwater pipeline was led under gravitational pressure back into a DWA monitoring borehole (adjacent to Pump 5 near Bushman Valley). Senior officials from the Department of Water Affairs and municipal staff also monitored the test.

Recharging of the aquifer happens naturally, particularly when the Dorps River flows during wet periods. The artificial recharge process is aimed at enhancing this natural recharge to ensure that the various compartments in the aquifer are kept as full as possible.

During winter, there is frequently a

surplus of leiwater, which can be used to recharge the aquifer in order to ensure the town's summer water security.

Johann was very excited about the success of the test and told the Friend: "The test was far more positive than we had even hoped for; we managed to inject over 620 000 litres into the aquifer. During our next test on 26 June at Pump 7, just above the waterworks, we will be aiming to crack the million litre mark!"

Both Johann and Ricky were delighted that so many of Prince Albert's residents showed such an interest in the test and spent time finding out what it was all about.

As the *Friend* went to press, we learned that the second artificial recharge test had been successful and that Johann will be conducting two more in the near future.

Vakante betrekking



Het jy 'n passie vir Wiskunde en kinders? Die Master Maths Oudtshoom-span is op soek na iemand om te help met die onderrig van Wiskunde ekstra klasse, Maandae - Donderdae 12:00 -18:00, Vrydae en Saterdae soos benodig.

Faks CV na 044 279 1441 of skakel Suzaan Broeksma by 082 725 3209 of 044 272 8673

Garden Club News

- P A Garden Club committee -

he Garden Club's June meeting held in the garden of Lorna and Rai Verran marked the start of the club's new year and the current committee's second term.

Club Chair, Sue Goosen, reported back on a healthy bank balance, thanks to successful fundraising efforts and a good turnout by members at meetings throughout the past year. The committee is working on the programme for the next 12 months, which will include the popular annual garden competition and a plant sale in the spring.

Rai Verran described how a catalytic ioniser installed on his and Lorna's irrigation system had greatly helped reduce the salinity and the effect of heavy metals in their borehole water. The improved quality of the water has had a marked impact on their garden and what they are able to grow.

Several members were interested in learning more about the device and its process of improving brackish water, which led to an energetic discussion about the quality of both agricultural and domestic water in Prince Albert.

As a result, Ken Auerswald will talk to the club about water quality and water management at its next meeting on 7 July at 11 Jan Louw St. As usual, the meeting will start at 15h00 and anyone who is interested in this highly topical subject is welcome to attend.

Please bring along a chair and a mug for tea or coffee. And, yes, it's that time of year for members - current and new - to pay their annual subs - only R30.00.

Congratulations to Dawn Viljoen who won June's lucky draw, a Salvia namaensis.

For more information, call Sue Goosen on 023 5411 557

Winter Snowfall



Prince Albert and the surrounding district awoke on Tuesday, 15 June, to a snow-covered world. Residents of the town were delighted to see snow as low down as the Oukloofberg peak on the outskirts of Prince Albert. The Swartberg Pass was officially closed for most the day but this did not deter residents from driving up the Pass to make snowmen, take photos and have snowball fights.

The Kredouw Pass was also closed to traffic for several hours that morning due to its treacherous icy surface, while vehicles could not drive through Meiringspoort until the flooded river had subsided.

Beware! New Credit Card Scam

Onrad Erasmus, Manager of ABSA's Prince Albert branch, is warning residents not to be taken in by a new telephone credit card scam. In this latest scam, the scammers introduce themselves as representatives of Visa or MasterCard and provide the customer with all the information, except the one piece they really want. The callers do not ask for your credit card number; they already have it. Erasmus says: "By understanding how the Visa & MasterCard telephone scam works, you'll be better prepared to protect yourself."

This is how it works:

The person calling says, "This is (name), and I'm calling from the Security and Fraud Department at Visa/MasterCard. My badge number is (number). Your card has been flagged for an unusual purchase pattern, and I'm calling to verify it. This would be on your Visa/MasterCard which was issued by (name

of bank). Did you purchase an Anti-Telemarketing Device for R497.99 from a Marketing company based in (town/city)? When you say 'No', the caller continues with, "Then we will be issuing a credit to your account. This is a company we have been watching and the charges range from R297.00 to R498.00, just under the R500.00 purchase pattern that flags most cards. Before your next statement, the credit will be sent to (give you your address). Is that correct?"

You say "Yes". The caller continues – "I will be starting a fraud investigation. If you have any questions, you should call the 0800 number listed on the back of your card and ask for Security. You will need to refer to this Control Number." The caller then gives you a 6 digit number. "Do you need me to read it again?"

Here's the important part of how the scam works:

The caller then says, "I need to verify

you are in possession of your card." He or she will ask you to "turn your card over and look for some numbers." "There are seven numbers; the first four are part of your card number, the next three are the security numbers that verify you are the possessor of the card. These are the numbers you sometimes use to make Internet purchases to prove you have the card."

The caller will ask you to read the three numbers. After you tell the caller the three numbers, he'll say: "That is correct, I just needed to verify that the card has not been lost or stolen, and that you still have your card. Do you have any other questions?" After you say, 'No', the caller then thanks you and states: "Don't hesitate to call back if you do" and hangs up.

What the scammers want is the three-digit number on the back of the card. **Do not give it to them;** instead tell them you'll call Visa or MasterCard directly for verification. (Saamwerk... Vervolg vanaf p 2)

Prof. Jonathan Jansen, rektor van die Universiteit van die Vrystaat, het ... in 'n uiters interessante rubriek in The Times sewe redes gegee waarom die Wêreldbekertoernooi 'n sukses is:

- Daar was 'n enkele span onder leiding van mnr. Danny Jordaan wat net een doel voor oë gehad het: Maak seker dat Suid-Afrika aan die behoeftes voldoen om só 'n mega-sportgebeurtenis aan te bied.
- Daar was duidelike teikens, van vervoer en infrastruktuur tot mediageriewe en stadions. Dit was van meet af aan duidelik wat Suid-Afrika moes doen.
- Daar was altyd die gevaar dat as Suid-Afrika nie reg is nie, die toernooi na Australië sou skuif.
- Daar was druk weens eksterne aanspreeklikheid. Fifa was soos 'n skoolinspekteur en het alles wat Suid-Afrika gedoen het, geïnspekteer en die plaaslike reëlingskomitee verantwoordelik gehou.
- Elke enkele Suid-Afrikaner het geweet die toernooi gaan nie oor sokker nie, maar oor nasionale trots. Ons wou hê dat die land goed doen in die oë van die wêreld.
- Die sukses spruit ook uit die breë deelname deur alle Suid-Afrikaners. Gewone mense het betrokke geraak.
- Dit is 'n sukses omdat daar die politieke wil was om 'n sukses van die geleentheid

te maak. Dié politieke wil kom nie net van die ANC nie, maar van die hele regering waar opposisiepartye ook verenig was om sukses te verseker.

Jansen se redes kom daarop neer dat die regering 'n bevoegde persoon aangestel het om die werk te doen en die nodige hulpbronne tot sy beskikking gestel het. Alle probleme is ook vinnig opgelos en Suid-Afrikaners het vir 'n slag saamgewerk – iets wat nie baie gebeur nie.

Die kernpunt is dat Suid-Afrika nou bewys het dat almal kan saamwerk en van 'n belangrike projek 'n sukses kan maak. Dink net wat sal gebeur as dié benadering ook gevolg word in die bekamping van misdaad en korrupsie, of die verbetering van onderwys- en gesondheidsdienste.

Daar is reeds verskeie ondersoeke om die "sukses" van die Wêreldbeker te bepaal deur na die finansiële gevolge te kyk.

Hopelik is die belangrikste nalatenskap van die Wêreldbeker 'n mentaliteit onder Suid-Afrikaners dat hulle kán saamwerk om die land se probleme te oorkom."

Is hierdie wys woorde nie ook vir ons in Prince Albert, Leeu-Gamka en Klaarstroom van toepassing nie?

Hoërskool Zwartberg Beesloop samel broodnodige fondse in

- Ellen Joubert -

Ten tye van die Olyffees, het die OOV van Hoërskool Zwartberg 'n projek van stapel gestuur wat die "Beesloop" gedoop is. Die aanvanklike idee was dat daar lootjies verkoop sou word vir 'n ongelooflike prys bestaande uit die vleis van 'n heel bees. Die ondersteuning van borge uit die gemeenskap was egter van so 'n aard dat daar voor die sluitingsdatum van die kompetisie nog 'n heel lam as tweede prys en 'n speenvark as derde prys bygekom het.

Menige ouers ken die gevoel wanneer jy besef jy sal nou maar self die lootjies op jou kind se lys moet koop, want jy sien nie meer kans om mense te vra om weer te help met fondsinsameling nie. Vir een ouer het hierdie strategie gelukkig uiteindelik vrugte afgewerp. Rika Bezuidenhout het beide die eerste en die derde prys gewen en Lesley van Heerden het met die tweede prys weggestap.

Die skool het R 13 650 ingevorder met die projek. Die OOV se werk bly vir hulle uitgeknip met 'n verdere R 145 000 wat voor die einde van die jaar ingevorder moet word om die skool se begroting te laat klop.

Die OOV se harte is vol dankbaarheid vir Daan Derksen, Herman Olivier en Peter Schneekluth wat die projek so ruimskoots geborg het. Dankie aan elkeen wat 'n lootjie gekoop het. Ons werk gaan voort, die behoefte is groot.

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Zwartberg 200 Club Winners

The lucky winners of the Zwartberg 200 Club draw at the end of May were:

1st Benjemin Ruggeberg 2nd Anneline de Wit

3rd André and Linda Jaquet

This fundraiser plays a huge part in the large sum the school has to raise this year. If anyone would like to join us, it is Never Too Late! Please call Di Steyn on 0829372978 for details.

Thank you to the Golf Club for graciously allowing us to hold the draw there every month.

Comrades 2010



Zwartberg Runners welcome Comrade Tracy home.

Photo: Caryn Pastrana

- Tracy Swanepoel -

n 30 May I ran my first Comrades Marathon. Before I left, I chatted to two of our local Comrades veterans, Bokkie Botha and Peter McEwan. Both of them assured me that I would be 'ok', as I was nervous and that it would be an experience I would never forget. They were right!

On the morning of the run we left Durban at 03h00 so that we would be in time for the 06h00 start. There were approximately 20 000 runners standing in the cold winter air eagerly waiting for the cock crow which signals the start of the Ultimate Human Race.

It took nine minutes after the cock crow before the "back of the pack" - that included me, crossed the start line. We headed out to the strains of the theme music from "Chariots of Fire." It was a very emotional moment but not quite as tearful as 11 hours later when we ran into the stadium. It turned out to be a warm day with lots of dehydrated runners and some 16 500 finishers. I am very proud of my 12 813th place.

The day was extremely colourful with many people running in various Fifa 2010 colours. It was tough but exhilarating at the same time. There was singing and cheering from spectators all the way but the most touching part of the race was when I ran past the Inchanga School for disabled children. On the Sunday of the Comrades race they traditionally all come out dressed in school uniform and line the street to give the runners "high five". They love the moment and so do we.

Finally, I would like to thank Zwartberg Runners for a great welcome home at the Lazy Lizard.

Hoop jy dat jou kinders die nodige versorging sal hê?

Waarvoor jy ookal hoop, maak seker dat jy die regte plan daarvoor inspan. Ek kan jou deur die besluite lei wat jou finansiële toekoms sal beïnvloed. Met Sanlam se omvattende portefeulje oplossings kan ek voorstelle maak oor wat jy werklik nodig het.

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Bel my vir deskundige advies, aangevul deur korttermynversekering en selfs belastingontleding as dit nodig is.



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New Release

A creative collaboration between an international artist and an award-winning architect have resulted in this iconic Karoo property which has become a local landmark in glamour, design and style.

Featured in numerous South African and international magazines, the property comprises two dwellings. The 270m2 main house with its soaring double-volume interior opens to an elegant patio with lap pool. Two bedrooms and a lavish bathroom with circular mosaic-tiled tub, multilevel living, dining and kitchen areas occupy the ground level. A sweeping ramp to the upper level arrives at the artist's studio with roof-top entertainment deck. The second building is an historic Karoo cottage which originally occupied the site. Today the Artist's Cottage regularly hosts discerning guests enjoying a taste of Karoo life from an indisputably stylish base.

The buildings are surrounded with established gardens of conifers and indigenous planting, as well as vegetables, fruit and olive trees.

Viewing by appointment only. R3,2m









New Release R 1,55m



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Set in large established grounds, with beautiful shade trees and a vegetable garden, this charming family home has loads of accommodation including two guest suites, one of which is self-contained with a private patio. A white-walled dam contains lavish borehole water for the garden and can also be used for

swimming. A double garage and shade parking are a real bonus. The property is well maintained and in an excellent position. The sunny, north-facing aspect makes it ideal in all weathers and a shady verandah overlooking the garden on the east side is perfect for hot Karoo summer afternoons.



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Die Ysters, 'n Netbalklub wat hoog mik

Die Swartberg Netbalklub is in Maart 2010 gestig en is sedert hulle onstaan met die SWD Netbalunie in George geaffilieer. Hier staan hulle as DIE YSTERS bekend. Tydens die stigtingsvergadering is 20 lede geregistreer maar die ledetal het vinnig aangegroei tot die huidige 40 lede onder bestuur van:

Bestuurder: Mr. W. Jansen (Whiles) Voorsitter: Mev. V. Lottering (Nessa) Sekretaresse: Mej. Y. van Wyk (Landi) Tesourier: Mev. J. Koonthea (Tossie) H/Tesourier: Mej. M. Ambraal (Mien) Afrigter: Mej. P. May (Pat)

Twee spanne is in die B-afdeling en een span in die C-afdeling geregistreer. Uit 8 wedstryde in die B-afdeling is 4 gewen. Die B-span het in die C-afdeling 10 wedstryde gespeel en 5 daarvan gewen.

Teen Prince Albert Netbalklub het ons B-span 11-7 verloor maar na harde werk verslaan ons A-span Prince Albert Netbalklub met 18-10. Ons is baie trots op ons "YSTERS". Ons A-span is tans 6de gekeur in SWD B-afdeling en die B-span 8de in die C-afdeling.

Met harde werk kon ons genoeg fondse in om ons netbaluitrusting teen R3 380 by Top Gear aan te skaf. Elke lid het haar eie pragtige, eg Prince Albert sweetpak teen R380 gekoop. Díe is deur Jacobus Pieterse ontwerp; deur ons eie Naaldwerkprojek in Prince Albert gemaak en toe tydens 'n heerlike makietie by die Sydwell Williams saal luisteryk aan die spelers oorhandig.

Uitdagings is daar ook, veral met vervoerkostes: agt naweke se ry kos die lede 'n allemintige R15 000.00. Mnr Lottering en PAAK was hier van onskatbare hulp, baie dankie.

Ses naweke in Mosselbaai lê nog voor omdat ons netbalvelde nog nie op wedstrydstandaard is nie; die munisipaliteit het gelukkig reeds 'n lig vir oefening by die veld aangebring.

Nadia van der Walt het ongelukkig haar ligamente geskeur en sterk nou aan na haar operasie – word gou weer fiks, Nadia.

Ons dank ons Hemelse Vader vir hierdie geleentheid om oor alle grense heen 'n ware reënboogspan te wees.

Ons mik om in die volgende seisoen minstens tweede te eindig en in die jaar daarop: SWD kampioene in die Bafdeling!

Hulp van enige aard word altyd hoog op prys gestel. Maak 'n bydrae en kyk hoe groei netbal. Ons het elkeen se ondersteuning nodig.

Skakel gerus -Whiles by 076 989 2137 of 083 527 0818 (wjansenpam@gmail.com) Landi by 076 989 5571 of stuur 'n faks na 023 541 1250.

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